



Deanery C.E. Primary School
Academy Status

PE Policy

January 2026

The Deanery School Christian Ethos

Our School Motto – ‘Ad Majorem Dei Gloriam’
Translated this simply means ‘To the Greater Glory of God’.

Vision

We believe that everything we do is a faithful response to God’s faithfulness, shown to us through Jesus Christ. Our vision is to reflect God’s Glory in every season of life, in all aspects, from the little things, to the big.

Beliefs and Values

We believe that God’s heart is for his children to thrive in a happy, secure, and caring environment at the Deanery. It is an essential part of our Christian ethos that we thank God for how he has demonstrated peace, love, faith, joy, grace and hope to us. We seek to reflect these core values throughout all areas of life in the school.

We believe that education, strengthened by our faith, is the vehicle with which children can achieve their full potential.

School Culture

At the Deanery we aim to provide opportunities and experiences for everyone to learn and develop their social, creative and academic skills within a motivating and stimulating environment.

We aim to:

- Foster an environment that is enriched spiritually, morally, ethically and socially through the Christian faith.
- Value each child as unique, regardless of faith, ability, gender or ethnicity.
- Nurture children to be polite, respectful and considerate towards one another. Offer a range of opportunities and experiences to develop their confidence, self-esteem and independence.
- Encourage each child to fulfil their potential within all areas of the curriculum.
- Promote knowledge and understanding through a secure, stimulating and enriched environment.
- Create a broad educational experience that is enriched both morally and spiritually through partnership with staff, governors, parents, the local community, parishes of the Deanery and Birmingham Diocese.
- To enable each child to value themselves and have aspirations for the future.
- To recognise everyone’s place in the wider community.

Purpose of Study

At Deanery, we provide fully inclusive, enjoyable and active Physical Education that sees each student reach their physical potential, whilst developing self-confidence, resilience and success. We have a rich and varied curriculum, which includes invasion games, net wall, gymnastics, dance, athletics and OAA. Throughout the curriculum, there is a focus on fundamental movement skills that are applicable to all sports and activities. These include; running, throwing, catching and striking, travel, balance and sequencing.

Subject Aims

Physical Education (PE) is a foundation subject within the National Curriculum. The focused aims of PE are:

- To develop competence to excel in a broad range of physical activities.
- To be physically active for a sustained period of time.
- To engage in competitive sports and activities.
- To lead healthy and active lives.

These aims are consistent with our school vision and values and take account National Curriculum.

Subject Objectives

- Working towards at least two hours of curricular physical education in which a broad and balanced programme is provided.
- Provision of high quality physical activity opportunities both within and outside the school day, improving children's physical literacy.
- To raise the profile of sport and physical activity throughout the school and encourage cross curricular links.
- To make facilities and equipment available for pupils to use at lunchtime and break times and encourage pupils to be active at these times.

In learning PE, children will have the opportunity to achieve the following objectives:

Key Stage 1

Pupils develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are enabled to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

Key Stage 2

Pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best

Swimming and Water Safety

As a school we provide swimming in KS2 with children taking part in block swimming over a number of weeks. This is usually done in Year 3.

In particular, pupils are taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

Curriculum and School Organisation

At Deanery we use Get Set 4 PE for curriculum support and this helps to ensure continuity and consistency in coverage and in the children's physical development throughout the school. Our curriculum emphasises the development of fundamental movement skills, such as running, jumping, throwing, catching, and basic coordination, in the early years. There is a focus on promoting physical fitness and well-being through a variety of activities. This includes activities that enhance cardiovascular fitness, strength, flexibility, and overall health. Our curriculum encourages a range of activities beyond traditional sports, including dance, gymnastics, and outdoor adventures. This aims to cater to the diverse interests and abilities of students. Students are expected to participate in activities that promote teamwork, cooperation, and good sportsmanship. The curriculum includes team sports and collaborative activities to develop social skills.

The Deanery curriculum incorporates the development of knowledge and understanding related to physical activity, health, and well-being. Our curriculum is inclusive, catering to the needs and abilities of all students. This may involve adapting activities to accommodate different skill levels and providing a supportive environment for diverse participation. The curriculum aims to instil a positive attitude towards physical activity and promote lifelong engagement in sports and physical fitness. This includes encouraging students to find activities they enjoy and fostering a sense of enjoyment in being active. Throughout year groups, there is an emphasis on promoting health and safety practices during physical activities. This involves teaching students about the importance of warm-up exercises, proper techniques, and injury prevention.

The curriculum covers the six areas set by the National Curriculum

- Games (Invasion, Net and Wall, Striking and Fielding)
- Dance
- Gymnastics
- Athletics
- Outdoor and Adventurous Activities (Key Stage 2 only)
- Swimming (KS2)

Each year group teaches 2 units of Physical Education per half term.

There is progression in key areas throughout the curriculum, with knowledge and skills being continually built upon. These key areas include: athletic activity, dance, gymnastics, invasion games, net/wall games,

striking and fielding games and outdoor and adventurous activity. Gymnastics' skills are built upon every year, as are Dance skills, beginning from Early Years. Once the children's agility and body management has improved through the Early Years, we begin teaching running, jumping and throwing skills. This is developed in Year 2 into attack, defending and shooting games. Once the children are in Year 3, they have developed the necessary skills to begin games such as football, basketball, handball, rounders, tennis, cricket and athletics. In Year 4, they have the opportunity to learn new sports, such as tag rugby, hockey, badminton and netball, whilst also building on their knowledge of tennis, football, cricket, rounders and athletics. They continue building on their skills and knowledge in all of these sports until they leave in Year 6. Children work in mixed ability groups and mixed gender groups.

Planning and evaluation of PE work is carried out on a weekly basis by the class teacher and can be seen in his/her short-term plans, annotating where appropriate. Assessment is carried out at the end of each term.

Time Allocation

Each class from Year 1 – Year 6 receives at least two timetabled hall periods, one of which should be taken outside unless it is inclement weather. EYFS classes have one timetabled hall slot per week.

Equal Opportunities

All pupils regardless of gender, ability, race and including those with special needs are ENTITLED to a comprehensive programme of physical activity which:

- Fulfils the statutory National Curriculum requirements
- Takes into account their individual needs and interests.
- Provides them with the opportunity to pursue activity beyond school.

Assessment/ Recording/ Reporting

Examples of methods of monitoring pupil improvements include:

- Teacher observation of pupil performance in lessons.
- Pupil responses to specific tasks/questions.
- Termly assessment recorded.

Methods of reporting pupil's progress and attainment include:

To pupils

- Giving children verbal feedback so that they know how they are progressing.
- Highlighting pupils' successes via assemblies, subject leader visits and the school website/newsletter

To other teachers

- Complete teacher assessments each term.
- Through highlighting PE successes in assemblies.

To Parents

- Through parents evenings.
- Chatting to parents at sporting fixtures.
- Including information on physical activity achievements and progress in governor's reports.
- Providing photographs, on the school website, X or newsletter, of children involved in physical activity and school teams.
- Inviting parents to sports days, festivals etc, where they can see their children taking part in physical activity.

Other agencies

- Providing regular reports to the governors
- Introducing pupils to local clubs through competitive events.

PE kit

All children are required to wear the correct PE kit, which is detailed below. All jewellery must be removed and hair must be tied back (This is applicable to boys as well as girls, if their hair is beyond shoulder length). Where ears have only recently been pierced parents should provide tape to keep the piercings covered.

- Black shorts
- White crew neck t-shirt (with or without the school badge)
- Trainers. For gymnastics and dance lessons the children will remove their footwear during the lesson. During indoor games the footwear will remain on.
- Black jogging bottoms (no leggings)
- White socks
- Black, plain zip-up hoody or a red, logoed Deanery hoody.

Logoed PE kit is preferable but non-logoed kit is acceptable.

*Should any child have a verruca or other infection on their feet then parents should inform the class teacher and exceptions will be made for those children. Adaptations to lessons and equipment may be required.

All children are expected to participate in PE and staff should be active in encouraging participation. Children who regularly forget their kit or have the incorrect clothing will be recorded. A letter will then be sent to parents if two or more sessions are missed per half term. Children who forget their kit will still be involved in the lesson through a supporting role; setting up equipment or helping to coach other children by offering constructive feedback.

NON-PARTICIPANTS

Non-participants are encouraged to take part in the non-performance aspects of PE wherever possible e.g. helping groups to plan and evaluate. If this is not possible then children should be provided with an observation form to complete. Parental notes should be provided if a child needs to be excluded from PE for health reasons.

Resources

The majority of PE equipment is kept in KS1 and KS2 storage cupboards in both halls. The store is only accessible to members of staff.

The purchase of resources is planned each year by the PE coordinator based on the needs of the school. Staff should report damaged or faulty equipment to the PE Coordinator immediately. Damaged equipment must also be removed from use.

Extra Curricular Activities

These are an important part of a child's primary education. They enable pupils to develop particular skills and further their interest in one or more sporting activities. It helps to introduce a competitive element to team games and promote cooperation and a sense of good sportsmanship.

Extra-curricular activities are run by both external agencies and school staff, including:

Dance
Rugby
Tennis
Football
Cricket
Netball
Rounders
Athletics
Gymnastics

Staff can also offer extra-curricular activities voluntarily and these are subject to change. Activities that are offered are organised by the PE coordinator and change regularly.

For every extracurricular club, which takes place before or after school parental consent must be gained. Application forms will be sent out for each club. Parents must indicate whether children will be collected or can walk home (Y6 only) and must include an emergency contact number. Medical details must also be included.

A register must be taken at the beginning of every session. These registers are located in the school office.

If a club has to be cancelled, the parents must be informed before lunchtime on the day of the club. If a club has to be cancelled at very short notice, the school is responsible for those children until the parent collects them. It is the responsibility of the organiser to supervise this. In case of their absence a senior member of staff would take this responsibility.

Sports Premium

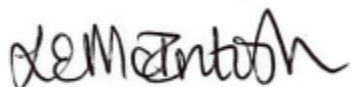
Government funding is given to each primary school in the form of Sports Premium. This is calculated as follows:

- schools with 16 or fewer eligible pupils will receive £1,000 per pupil
- schools with 17 or more eligible pupils will receive £16,000 and an additional payment of £10 per pupil

Schools should prioritise PE and sport premium spending to improve in the following 5 key areas:

- increase all staff's confidence, knowledge and skills in teaching PE and sporting activities
- increase all pupils' engagement in regular physical activity and sporting activities
- raise the profile of PE and sport across the school, to support whole school improvement
- offer a broader and more equal experience of a range of sports and physical activities to all pupils, and ensure equal access to sport for boys and girls
- increase participation in competitive sport

Policy updated by Kate Maskell January 2026



Approved by Lisa McIntosh, Head Teacher
Presented to the Governing Body – Standards Committee