



Spirituality Opportunities

Spirituality - History

Self

- Children learn about people from the past and share how they think they felt through talking, writing, or drawing.
- They explore difficult events, helping them understand and manage their own feelings.
- They learn that everyone is unique and can feel proud of who they are.
 - They develop gratitude by comparing life in the past to today.
- They learn about different beliefs, helping them reflect and respect others.
- They use imagination to explore the past through creative activities.

Others

- Children learn to understand how people in the past felt, helping them develop empathy and show respect for others.
- They explore stories of kindness and community, learning the importance of caring for and supporting one another.
- They learn how people's actions in the past made a difference, helping them understand responsibility.
- They see how individuals and groups created change, inspiring them to believe they can make a positive difference too.

Transcendence (Beyond)

- Children learn about beliefs in God and ideas beyond the physical world through studying past societies and religions.
- They explore big questions about life, death, and belief by discussing historical events and people's viewpoints.
- They encounter examples of prayer and worship in history, helping them understand how people connect with God or their beliefs.
- They use history to make sense of the world, seeing how beliefs and ideas have shaped people's lives over time.

Nature/ World

- Children explore how people in the past experienced the natural world, helping them develop a sense of awe and wonder.
- They learn to notice and appreciate everyday life by comparing how people lived in different times.
 - They reflect on what mattered most to people in the past, encouraging them to think about what is important in their own lives.
- They explore historical art, music, and achievements, helping them appreciate beauty and creativity in the world around them.