

Week 1

5-9th Sept
26-30th Sept
17-21st Oct

The Deanery Menu

Monday

Spicy Beef Bake

✓ Vegetable Stew

Jacket Potato with Choice of Fillings

Herby Diced Potatoes, Carrots, Swede

Fruit Flapjack

Tuesday

Shepherd's Pie topped with Mash Potatoes

Macaroni Cheese with Fresh Bread

Jacket Potato with Choice of Fillings

Mixed Vegetables, Sweetcorn

Chocolate Cracknel

Wednesday

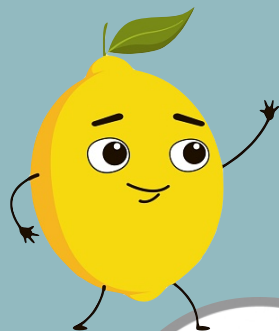
Pork Balls in a Tomato Sauce with Pasta

✓ Quorn Balls in a Tomato Sauce with Pasta

Jacket Potato with Choice of Fillings

Carrots, Green Beans

Ice Cream Cups & Fruit



Thursday

Roast Chicken with Mashed Potatoes & Gravy

✓ Quorn Fillet with Mashed Potatoes & Gravy

Jacket Potato with Choice of Fillings

Cabbage, Sweetcorn

Chocolate Crunch & Custard

Friday

Breaded Fish with Potato Wedges

✓ Quorn Stir Fry with Crusty Bread

Jacket Potato with Choice of Fillings

Baked Beans, Peas

Fruit Shortbread

DAILY

Homemade Fresh Bread

Fresh Filled Rolls

Served Salad bar

Fruit Yoghurts

Fresh Fruit

Fresh Drinking Water

Lower Fat milk



Week 2

12-16th Sept

3-7th Oct

The Deanery Menu

Monday

Beef Bolognese with Spaghetti & Garlic Bread

✓ Mixed Bean Bake with Homemade Bread

Jacket Potato with Choice of Fillings

Carrots, Swede

Chocolate Crunch & Custard

Tuesday

Oven Baked Fish with Mashed Potatoes

✓ Quorn Italian Bake with Mashed Potatoes

Sweetcorn, Green Beans

Jacket Potato with Choice of Fillings

Fruit Shortbread

Wednesday

Chicken Curry with Rice & Naan Bread

✓ Tuna Pasta Bake topped with Cheese
& Crusty Bread

Jacket Potato with Choice of Fillings

Carrots, Peas

Ice Cream Cups & Fruit

Thursday

Roast Chicken with Mashed Potatoes & Gravy

✓ Quorn Fillet with Mashed Potatoes & Gravy

Jacket Potato with Choice of Fillings

Green Cabbage, Sweetcorn

Cracknel

Friday

Wholegrain Pasta Salmon Bake
with Homemade Bread

✓ Margherita Pizza & Potato Wedges

Jacket Potato with Choice of Fillings

Baked Beans, Green Beans

Fruit Crumble & Custard

DAILY

Homemade Fresh Bread

Fresh Filled Rolls

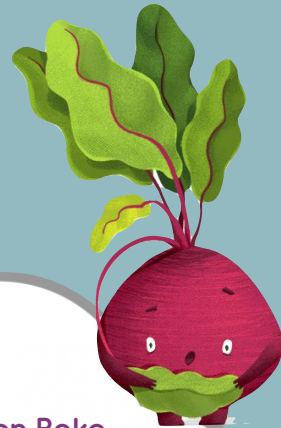
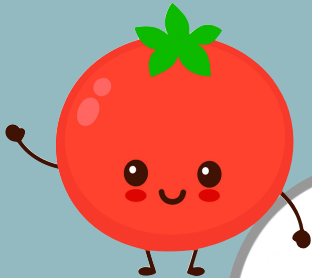
Served Salad bar

Fruit Yoghurts

Fresh Fruit

Fresh Drinking Water

Lower Fat milk



Week 3

19-23rd Sept
10-14th Oct

The Deanery Menu

Monday

Chicken Wraps with Herby Diced Potatoes

✔ Quorn Wraps with Herby Diced Potatoes

Jacket Potato with Choice of Fillings

Beans, Swede

Fruit Flapjack

Tuesday

Chilli Con Carne with Rice

✔ Pasta Bake topped with Cheese & Fresh Bread

Jacket Potato with Choice of Fillings

Cauliflower, Peas

Chocolate Crunch & Custard

Wednesday

Chicken in a Rustic Tomato Sauce
with Pasta & Fresh Bread

Fish Pie topped with Mash Potatoes

Jacket Potato with Choice of Fillings

Carrots, Green Beans

Ice Cream Cups & Fruit

Thursday

Roast Chicken or Quorn Fillet ✔
with Mashed Potatoes & Gravy

Jacket Potato with Choice of Fillings

Sweetcorn, Broccoli

Iced Sponge & Custard

DAILY

Homemade Fresh Bread

Fresh Filled Rolls

Served Salad bar

Fruit Yoghurts

Fresh Fruit

Fresh Drinking Water

Lower Fat milk

Friday

Pork or Quorn Sausages ✔
with Mashed Potatoes

Jacket Potato with Choice of Fillings

Baked Beans, Peas

Sultana Shortbread

