

Week 1

Lunch Time At Deanery



30th-3rd September, 20th-24th September, 11th-15th October 2021

MONDAY

MAINS	Chicken in Rustic Tomato Sauce with Pasta
VEGGIE	Wholegrain Pasta Bake Topped with Cheese Carrots, Swede
LITE	Jacket Potato with Choice of Fillings
DESSERT	Fruit Flapjack

TUESDAY

Spicy Beef Bake with Herby Potatoes
Cod in Parsley Sauce with Fresh Bread
Mixed Vegetables, Sweetcorn
Jacket Potato with Choice of Fillings
Chocolate Crunch & Custard

WEDNESDAY



Pork Balls in Tomato Sauce with Pasta
Quorn Balls in Tomato Sauce with Pasta
Carrots, Green Beans
Jacket Potato with Choice of Fillings
Ice Cream Cups & Fruit

ALLERGENS

Please speak to a member of the Catering Team if you have any concerns about the contents in our dishes.

THURSDAY

MAINS	Roast Chicken with Mashed Potatoes & Gravy
VEGGIE	Cauliflower & Leek Bake with Fresh Bread Cabbage, Sweetcorn
LITE	Jacket Potato with Choice of Fillings
DESSERT	Chocolate Cracknel

FRIDAY



Breaded Fish with Potato Wedges
Quorn Stir Fry with Crusty Bread
Baked Beans, Peas
Jacket Potato with Choice of Fillings
Fruit Shortbread

DAILY

Served Salad Bar
Fresh Fruit
Fruit Yoghurt
Homemade Fresh Bread
Fresh Filled Rolls
Lower Fat Milk
Fresh Drinking Water




Week 2

Lunch Time At Deanery



6th-10th September, 27th-1st October, 18th-22nd October 2021

	MONDAY 	TUESDAY	WEDNESDAY
MAINS	Beef Bolognese with Spaghetti & Garlic Bread	Roast Chicken with Mashed Potatoes & Gravy	Shepherd's Pie with Crusty Bread
VEGGIE	Savoury Brown Rice Bake with Homemade Bread	Mexican Quorn Bake with Mashed Potatoes	Macaroni Cheese with Crusty Bread
	Beans, Sliced Green Beans	Cauliflower, Peas	Carrots, Swede
LITE	Jacket Potato with Choice of Fillings	Jacket Potato with Choice of Fillings	Jacket Potato with Choice of Fillings
DESSERT	Chocolate Crunch & Custard	Fruit Shortbread	Ice Cream Cups & Fruit

ALLERGENS
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	THURSDAY	FRIDAY 	DAILY
MAINS	Roast Chicken with Mashed Potatoes & Gravy	Wholegrain Pasta Salmon Bake with Homemade Bread	Served Salad Bar
VEGGIE	Quorn Fillet with Mashed Potatoes & Gravy	Margherita Pizza with Potato Wedges	Fresh Fruit
	Green Cabbage, Sweetcorn	Baked Beans, Green Beans	Fruit Yoghurt
LITE	Jacket Potato with Choice of Fillings	Jacket Potato with Choice of Fillings	Homemade Fresh Bread
DESSERT	Cracknel	Fruit Crumble & Custard	Fresh Filled Rolls

Lower Fat Milk
Fresh Drinking Water



Lunch Time At Deanery



13th-17th September, 4th-8th October 2021

	MONDAY	TUESDAY 	WEDNESDAY	ALLERGENS
MAINS	Chicken Wraps with Herby Diced Potatoes	Oven Baked Fish with Mashed Potatoes	Cheesy Beef Casserole with Wedges	Please speak to a member of the Catering Team if you have any concerns about the contents in our dishes.
VEGGIE	Quorn Wraps with Herby Diced Potatoes	Italian Vegetable Bake with Crusty Bread	Mixed Bean Bake with Wedges	
	Carrots, Swede	Baked Beans, Peas	Carrots, Green Beans	
LITE	Jacket Potato with Choice of Fillings	Jacket Potato with Choice of Fillings	Jacket Potato with Choice of Fillings	
DESSERT	Fruit Flapjack	Chocolate Crunch & Custard	Ice Cream Cups & Fruit	
	THURSDAY	FRIDAY 	DAILY	
MAINS	Roast Chicken with Mashed Potatoes & Gravy	Pork Sausages with Mashed Potatoes	Served Salad Bar	
VEGGIE	Quorn Fillet with Mashed Potatoes & Gravy	Quorn Sausages with Mashed Potatoes	Fresh Fruit	
	Sweetcorn, Broccoli	Baked Beans, Garden Peas	Fruit Yoghurt	
LITE	Jacket Potato with Choice of Fillings	Jacket Potato with Choice of Fillings	Homemade Fresh Bread	
DESSERT	Iced Sponge & Custard	Sultana Shortbread	Lower Fat Milk	
			Fresh Drinking Water	

