

## Week 1

2nd-6th Jan  
23rd-27th Jan  
13-17th Feb

# The Deanery Menu

## Monday

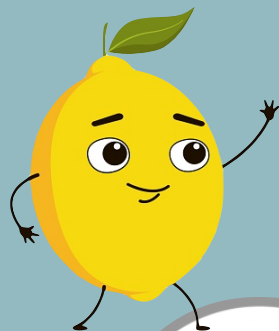
Spicy Beef Bake with Herby Potatoes

✓ Vegetable Lasagne with Herby Potatoes

Jacket Potato with Choice of Fillings

Carrots & Swede

Fruit Flapjack



## Tuesday

Pork Meatballs in Tomato Sauce with Pasta

✓ Quorn Balls in Tomato sauce with Pasta

Jacket Potato with Choice of Fillings

Mixed Vegetables, Sweetcorn

Chocolate Cracknel

## Wednesday

Chicken Chasseur with Rice

✓ Mexican Bake with Fresh Bread

Jacket Potato with Choice of Fillings

Carrots, Green Beans

Ice Cream Cups & Fruit



## Thursday

Roast Chicken with Mashed Potatoes & Gravy

✓ Quorn Fillet with Mashed Potatoes & Gravy

Jacket Potato with Choice of Fillings

Cabbage, Sweetcorn

Chocolate Crunch & Custard

## Friday

Breaded Fish with Potato Wedges

✓ Quorn Stir Fry with Crusty Bread

Jacket Potato with Choice of Fillings

Baked Beans, Peas

Fruit Shortbread

## DAILY

Homemade Fresh Bread

Fresh Filled Rolls

Served Salad bar

Fruit Yoghurts

Fresh Fruit

Fresh Drinking Water

Lower Fat milk



**Week 2**  
9-13th Jan  
30th-3rd Feb

# The Deanery Menu

## Monday

Beef Bolognese with Spaghetti & Garlic Bread

✓ Mixed Bean Bake with Homemade Bread

Jacket Potato with Choice of Fillings

Carrots, Swede

Chocolate Crunch & Custard

## Tuesday

Oven Baked Fish with Mashed Potatoes

✓ Italian Quorn Bake with Mashed Potatoes

Sweetcorn, Green Beans

Jacket Potato with Choice of Fillings

Fruit Shortbread

## Wednesday

Chicken in Tomato Sauce  
with Pasta & Fresh Bread

✓ Savoury Rice with Fresh Bread

Jacket Potato with Choice of Fillings

Carrots, Peas

Ice Cream Cups & Fruit

## Thursday

Roast Chicken with Mashed Potatoes & Gravy

✓ Quorn Fillet with Mashed Potatoes & Gravy

Jacket Potato with Choice of Fillings

Green Cabbage, Sweetcorn

Iced Sponge & Custard

## Friday

Wholegrain Pasta Salmon Bake  
with Homemade Bread

✓ Margherita Pizza & Potato Wedges

Jacket Potato with Choice of Fillings

Baked Beans, Green Beans

Fruit Crumble & Custard

## DAILY

Homemade Fresh Bread

Fresh Filled Rolls

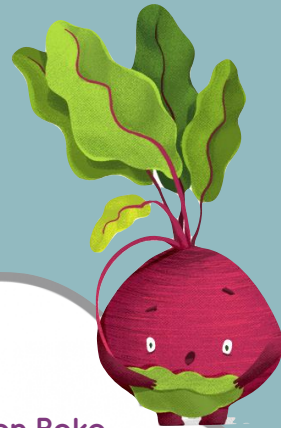
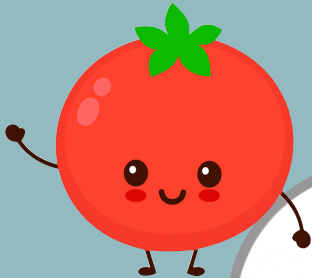
Served Salad bar

Fruit Yoghurts

Fresh Fruit

Fresh Drinking Water

Lower Fat milk



## Week 3

16-20th Jan

6-10th Feb

# The Deanery Menu

## Monday

Chicken Wraps with Herby Diced Potatoes

✓ Quorn Wraps with Herby Diced Potatoes

Jacket Potato with Choice of Fillings

Beans, Swede

Fruit Flapjack

## Tuesday

Cheesy Beef Casserole with Mash Potatoes

Fish in Parsley Sauce with Crusty Bread

Jacket Potato with Choice of Fillings

Cauliflower, Peas

Chocolate Crunch & Custard

## Wednesday

Shepherd's Pie topped with Mashed Potatoes

✓ Macaroni Cheese with Fresh Bread

Jacket Potato with Choice of Fillings

Carrots, Green Beans

Ice Cream Cups & Fruit

## Thursday

Roast Chicken or Quorn Fillet ✓  
with Mashed Potatoes & Gravy

Jacket Potato with Choice of Fillings

Sweetcorn, Broccoli

Chocolate Cracknel

## Friday

Pork Sausages

✓ Quorn Sausages

Jacket Potato with Choice of Fillings

Mashed Potatoes, Baked Beans, Peas

Sultana Shortbread

## DAILY

Homemade Fresh Bread

Fresh Filled Rolls

Served Salad bar

Fruit Yoghurts

Fresh Fruit

Fresh Drinking Water

Lower Fat milk

