

# The Deanery Menu

## Tuesday

Chicken Chasseur with Rice
Fisherman's Pie with Fresh Bread
Jacket Potato with Choice of Fillings
Mixed Vegetables, sweetcorn
Chocolate Cracknel

### Monday

Spicy Beef Bake

**V** Quorn Lasagne

Jacket Potato with Choice of Fillings
Herby Diced Potatoes, Carrots, Swede
Fruit Flapjack

## Wednesday

Pork Balls in a Tomato Sauce with Pasta

✔ Quorn Balls in a Tomato Sauce with Pasta Jacket Potato with Choice of Fillings Ice Cream Cups & Fruit



## Thursday

Roast Chicken or Quorn Fillet with Mashed Potatoes & Gravy

Jacket Potato with Choice of Fillings

Cabbage, Sweetcorn

**Chocolate Crunch & Custard** 

### DAILY

Homemade Fresh Bread
Fresh Filled Rolls
Served Salad bar
Fruit Yoghurts
Fresh Fruit
Fresh Drinking Water
Lower Fat milk

### Friday

**Breaded Fish with Potato Wedges** 

♥ Quorn Stir Fry with Crusty Bread

Jacket Potato with Choice of Fillings

baked Beans, Peas

Fruit Shortbread



# The Deanery Menu

### Tuesday

Oven Baked Fish with Mashed Potatoes

**V** Mexican Quorn Bake with Mashed Potatoes Sweetcorn, Green Beans lacket Potato with Choice of Fillings **Fruit Shortbread** 

### Monday

Beef Bolognese with Spaghetti & Garlic Bread

W Mixed Bean Bake with Homemade Bread Jacket Potato with Choice of Fillings Carrots, Swede Chocolate Crunch & Custard

### Wednesday

Chilli Con Corne with Rice

Macaroni Cheese with Fresh Bread Jacket Potato with Choice of Fillings Carrots, Peas Ice Cream Cups & Fruit

## Thursday

Roast Chicken with Mashed Potatoes & Gravy

**V** Quorn Fillet with Mashed Potatoes & Gravy Jacket Potato with Choice of Fillings Green Cabbage, Sweetcorn Cracknel

### DAILY

Homemade Fresh Bread Fresh Filled Rolls Served Salad bar Fruit Yoghurts Fresh Fruit Fresh Drinking Water Lower Fat milk

### Friday

Wholegrain Pasta Salmon Bake with Homemade Bread

Margherita Pizza & Potato Wedges Jacket Potato with Choice of Fillings Baked Beans, Green Beans Fruit Crumble & Custard

# The Deanery Menu

## Tuesday

**Cheesy Beef Casserole with Potatoes** 

**V** Savoury Rice Bake with Homemade Bread Jacket Potato with Choice of Fillings Cauliflower, Peas

**Chocolate Crunch & Custard** 

### Monday

Chicken Wraps with Herby Diced Potatoes

**V** Quorn Wraps with Herby Diced Potatoes lacket Potato with Choice of Fillings Beans, Swede Fruit Flapjack



### Wednesday

Chicken Curry with Rice & Naan Bread Tuna Pasta Bake with Fresh Bread Jacket Potato with Choice of Fillings Carrots, Green Beans Ice Cream Cups & Fruit



Roast Chicken or Quorn Fillet V with Mashed Potatoes & Gravy

Jacket Potato with Choice of Fillings

Sweetcorn, Broccoli

**Iced Sponge & Custard** 

### DAILY

Homemade Fresh Bread Fresh Filled Rolls Served Salad bar Fruit Yoghurts Fresh Fruit Fresh Drinking Water Lower Fat milk



## Friday

Pork or Quorn Sausages **V** with Mashed Potatoes

Jacket Potato with Choice of Fillings

Baked Beans, Peas

Sultana Shortbread