



# The Deanery C of E Primary School Menu



**Week One**      7<sup>th</sup> - 11<sup>th</sup> Jan 28<sup>th</sup>-1<sup>st</sup> Feb 2019.

CHOICE	Monday	Tuesday	Wednesday	Thursday	Friday
A	Spicy Beef Bake With Diced Herby Potatoes	Gammon or Chicken With Mashed Potatoes And All The Trimmings	Pork Meat Balls In Tomato Sauce With Pasta	Chicken Or Pork With Mashed Potatoes And All The Trimmings	Breaded Fish With Potato Wedges
B	Vegetable Quorn In Gravy With Homemade Bread	Tuna & Whole Grain Pasta With Crusty Bread	Quorn Balls in Tomato Sauce With Pasta	Italian Bake With Crusty Bread	Vegetable Stir Fry With Noodles
C	Jacket Potato With A Choice Of Fillings	Jacket Potato With A Choice Of Fillings	Jacket Potato With A Choice Of Fillings	Jacket Potato With A Choice Of Fillings	Jacket Potato With A Choice Of Fillings
	Carrots & Broccoli	Cauliflower & Peas	Carrots & Swede	Roast Vegetables & Sweetcorn	Baked Beans & Green Beans
	Sultana Shortbread	Iced Ginger Sponge Cake	Ice Cream Cups & Fruit	Iced Flapjack	Fruit Crumble & Custard



Available Daily Homemade Filled Rolls, Fresh Bread, Salad Bar, Fruit Pots, Cheese & Biscuits,  
Fresh Fruit, Fruit Yoghurts, Fresh Drinking Water Or Lower Fat Milk