E-Safety Useful Links

* <https://www.net-aware.org.uk/> Up to date NSPCC guide for apps/sites children are using online.
* <https://www.internetmatters.org/parental-controls/> Guide for setting up parental controls.
* <http://www.connectsafely.org/guides-3/> Parent guides to apps such as snapchat, roblox (what they are, how they work, how to set up parental controls etc)
* <https://www.childline.org.uk/info-advice/bullying-abuse-safety/types-bullying/bullying-social-networks/> How to report online bullying to the different social networking sites.
* <https://bounce-back-from-bullying.childline.org.uk/> Support with how to bounce back from bullying.
* <https://nspcc.o2.co.uk/> Sign up to 6 weekly emails that provide ice breakers for how to talk to children about different topics to do with their online safety.
* <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/> More help with talking to chn about online safety. There is a link to a template for a family agreement about online safety.
* <https://teachmama.com/3-reasons-create-family-media-agreement/> Blog - advice about having a family media agreement
* <https://www.brook.org.uk/our-work/the-sexual-behaviours-traffic-light-tool> sexual behaviours traffic light tool – what is normal or worrying according to age groups.
* <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/online-porn/> lots of advice for chn/parents of chn who seek sexual content online
* <https://www.thinkuknow.co.uk/parents/articles/Nude-selfies-a-parents-guide/> nude selfies – parents guide to understanding why and how to talk to children.
* <https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/> NSPCC sexting advice and specific advice on how to get images removed from sites.
* <https://www.stonewall.org.uk/sites/default/files/staying_safe_online_guide.pdf> Guide for parents of LGBT children.
* <https://www.connectsafely.org/wp-content/uploads/instagram_guide.pdf> Detailed guide to Instagram, why children use it, how to set up privacy settings. It is a couple of years old but still relevant and useful.
* <https://www.childrenscommissioner.gov.uk/wp-content/uploads/2018/01/Childrens-Commissioner-for-England-Life-in-Likes-3.pdf> Full report of the ‘Life in Likes’ report on the impact of social media usage of 8-12 year olds.

Useful Apps

* Zipit – humorous ways for chn to respond to requests from people online. (Produced by childline)   
  <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/zipit-app/>
* ‘Our Pact’ Parental control & kid tracker – set time restrictions on chns phones, block apps, GPS locator, kid tracker, app list, block texting apps, porn blocker etc. <https://ourpact.com/>
* List of apps to monitor children’s device usage (£) <https://tech-vise.com/best-apps-and-devices-to-monitor-your-kids-online-activity/>
* Moment – tracks screen time, set reminders – good if you want children to manage it themselves. <https://inthemoment.io/>

General Help Sites

* <https://childline.org.uk/> e-safety
* <https://www.ceop.police.uk/safety-centre/> Child Exploitation and Online Protection
* <https://www.internetmatters.org/> e-safety
* <https://www.thinkuknow.co.uk/> with help for specific age groups and parents