



**Deanery C.E. Primary School**  
Academy Status

# **Relationships & Sex Education (RSE) Policy**

**October 2017**

## Rationale

The school is committed to teaching **Relationship & Sex Education** (RSE) in-line with Government legislation, the Healthy School Standards and **aspects of SMSC**. It will be taught as part of the National Curriculum (mainly within **PSHE, Science & new Creative Curriculum**) throughout the school. Our school has developed a spiral curriculum building aspects of RSE from Nursery to Year 6 (**Appendix 1**)

### Policy development and Consultation

A new policy for Sex and Relationship Education (SRE) was identified as one of the four targets needed to achieve our Healthy School Standard (2007). The policy is reviewed annually.

During 2003, parents throughout the entire school were invited to take part in a RSE Survey. This survey, which was completed & returned by 62% of families, was used to inform a series of discussions held in the spring of 2004 by parents, teachers, governors, HSS Steering committee and SRE Consultants from SPACE.

During 2011 and 2012 the Health Education Unit ran workshops for children and their parents from Year 4. This was part of a citywide pilot programme to include and engage parents in discussing SRE issues with their children.

In April 2015 parents from Yr4, 5 & 6 were invited to view DVD material from the **Alternative Channel 4 Living and Growing** program; also **Help! I'm Hairy** videos covering aspects of puberty and personal hygiene. Parent feedback was very helpful and positive.

Parents are invited to attend an annual evening meeting to discuss the RSE policy and programme of study that takes place in school. During these evenings parents may view material that is shown to the children and complete evaluation forms. All decisions regarding RSE are discussed with the Curriculum Committee of the Governing Body.

In April 2016 parents from Yr4, 5 and 6 were again invited to view the materials which related to the year their child was in and were given the chance to ask questions and give their feedback. Feedback were extremely positive especially with the update on the videos.

During 2016 we will be discussing with governors and staff how we will be implementing knowledge on Female Genital Mutilation (FGM) within school. It has been a statutory duty to report FGM since October 2015. FGM is a form of child abuse and as such, is dealt with under the school's child protection/safeguarding policy. As a world-wide issue our school need to provide our children in Yr 4, 5 and 6 the appropriate information so our children leave school with the awareness of the potential dangers.

In 2017 all staff and governors were trained on information based around FGM. This enabled our children to become safer within schools as staff had more of an understanding and knowledge on how to keep children safe based around FGM. A new scheme was bought to all staff and governors as well as parents with children in years 5 and 6. The new scheme is called 'PANTS' which include lessons which addresses a

range of issues including FGM (without the terms FGM being mentioned). As a school we felt this was the best way to approach FGM in a child friendly way. Next year we are looking at doing an end of unit meeting where children in years 6 bake cakes as their parents are taught more in depth information about FGM by the PSHE Co-ordinator. Then when the children come back and share their cooking they also sit and talk to their parents about what FGM is. This gives opportunity for parents and children to discuss areas which could link to FGM.

### **Aims & Objectives**

We take note of Birmingham's health priorities and we endeavour to educate children so that they grow into healthy young people with strong self esteem and an ability to make wise choices for their lives.

- The object of RSE is to help and support young people through their physical, emotional and moral development, helping them learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.
- The PSHE framework helps our pupils to develop the skills and understanding they need to live confident, healthy and independent lives. It plays an important role, alongside other aspects of the curriculum (notably the new Science Curriculum) and school life, in helping pupils to deal with difficult moral and social questions. The national Healthy School Standard provides a useful and supportive framework for delivering RSE. Effective delivery of RSE is embedded in the success criteria of the Standard.
- As part of RSE pupils will be taught about the nature and importance of marriage for family life and bringing up children.
- Pupils need also to be given accurate information and help to develop skills to enable them to understand differences and hence respect themselves and others; also for the purpose of preventing and removing prejudice.
- RSE will contribute to promoting the spiritual, moral, social and cultural (**SMSC**) development of pupils at school and in society; preparing pupils for the opportunities, responsibilities and experiences of adult life.
- RSE does not encourage early sexual experimentation, it teaches our young people to understand human sexuality and to respect themselves and others. It enables pupils to mature, build up their self confidence, self-esteem and understand the reasons for delaying sexual activity. It builds knowledge and skills which are particularly important today because of the many different and conflicting pressures on our children.
- The school has consulted with parents, and developed policies which reflect the parents' wishes and the community they serve.
- Lifelong learning about physical, moral and emotional development is about understanding the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching.

### **Our commitment to equal opportunity**

This Policy exists within our broader commitment to provide good quality education for all pupils whatever their age, gender, ethnicity, attainment or background. Our inclusive

ethos aims to respect, encourage, support and enable all pupils and staff to reach their full potential by getting full access to all aspects of the curriculum including RSE. (See **Equality and Diversity Policy**)

## **Teacher/Parent Links**

### **Teachers' Role**

Teachers have responsibility to ensure the safety and welfare of pupils and therefore act in loco parentis. However, personal beliefs and attitudes of teachers should not influence the teaching of RSE within the PSHE framework. Teachers work within an agreed structure as described in the policy in line with current legislation.

### **Consulting Parents**

The Deanery will work in partnership with parents consulting them in the content of RSE. We hope that the program will support and compliment their role as parents, to cope with the emotional and physical aspect of their children, growing up.

Parents of Years 4, 5 & 6 will be invited to view any material used in these lessons.

### **Right to withdraw children from education**

Parents have the right to withdraw their children from all or part of the sex and relationship education provided at school, except from those parts included in the statutory National Curriculum. Should a parent wish to withdraw their child they should write a letter of request to the Head teacher. Parents will be requested to collect their child during the school session when RSE is being taught.

## **Practice and Procedure**

The combined PSHE & Citizenship framework at KS1 & 2 is developed through four broad themes and makes clear what is appropriate in the early primary and transition years. The present requirements set out within the National Curriculum Science can be delivered through these themes within the context of the National Healthy School Standard to ensure effective provision.

At Deanery Primary School RSE contributes to the foundation of PSHE & Citizenship in an age appropriate spiral program, by ensuring that all children:

- Develop confidence in talking, listening and thinking about feelings and relationships
- Are able to name parts of the body and describe how their bodies work
- Can protect themselves and ask for help and support
- Are prepared for puberty

### **How it is taught**

In Key Stage One and Two we follow the guidance in the National Curriculum. Nursery and Reception Class follow the EYFS framework.

Lessons are supported by: Alternative Channel 4 Living & Growing DVDs

Year 4 Changes first Video

Year 5 Help! I'm Hairy; Channel 4 - Changes 3 videos

PANTS

Year 6 Channel 4 videos Boy Talk & Girl Talk, PANTS  
Year 6 Help! I'm Hairy

### **Specific Issues**

At the Deanery children are taught Creative Curriculum/Science/RSE/Circle Time in their own class groups which are mixed ability & mixed gender.

For female pupils who have reached puberty, special bins are provided in the Girls' & Disabled toilets.

Honest and open discussion is encouraged within the defined ground rules and confidentiality of Circle Time. Teachers' will use their professional judgement when answering questions. Should questions arise that teachers feel are inappropriate or particularly sensitive, they may elect to talk to a child away from the whole class. Question boxes are also used within the RSE lessons.

There may be rare occasions when a teacher is directly approached by a child who is sexually active or who is contemplating sexual activity. This will be viewed as a Child Protection Issue. In such cases the teacher should approach the designated member of staff for **Safeguarding** and follow the school **Child Protection Policy**.

### **Dissemination of Policy**

Information on opportunities for parents to view RSE Policy; attend special RSE Evenings; survey results; evaluation by children and staff etc will be given out via the school Newsletter or a specific letter

Our RSE Policy is reviewed annually and uploaded onto our school website under "Parents Information" then "Policies". A copy of all school policies is available from the school office.

The Head teacher, Senior Management Team and SMSC and Science Subject Leaders are committed to monitor the effectiveness of the Deanery's RSE Policy via evaluation of resources, reviewing aspects of SMSC, planning, children's work, evaluations, School Council, parental views etc.

The Curriculum Committee of the Governing Body reviews the material used and any changes are discussed and agreed. The RSE Policy is reviewed annually.

Original Policy written by Sally Yates & Christine Rose

Policy reviewed C. Rose & A. Soar September 2013

Agreed and accepted by Governing Body September 2011

Policy reviewed by Sally Yates September 2014

Policy reviewed by Sophie Ainsley May 2015

Policy reviewed by Sophie Ainsley November 2016

Policy reviewed by Sophie Ainsley October 2017

Signed \_\_\_\_\_

Dated \_\_\_\_\_

## Appendix 1

### RSE Spiral Curriculum

- Nursery: Life cycle of a frog (tadpoles in school pond)  
Stick insects
- Reception: Life Cycle of a frog (tadpoles in the classroom)  
Life Cycle of a Butterfly  
Live chicks hatch out!
- Year 1: Science Ourselves – Body Parts- Animals including Humans  
Science Plants  
March - Life Bus My Wonderful Body
- Year 2: Science Plants & local environment  
Health & Growth - Animals including Humans  
March - Life Bus Feelings
- Year 3: Science Helping Plants grow well - Animals including Humans  
March - Life Bus It is great to be me
- Year 4: RSE Channel 4 Living & Growing Changes  
Science - Health & Growth - Animals including Humans  
March - Life Bus Meet the Brain
- Year 5: RSE Channel 4 Living & Growing (Alternative Videos 1, 2,3)  
Yr5 Video Help! I'm Hairy  
Science – Healthy eating life cycles - Animals including humans
- Year 6: RSE Channel 4 Living & Growing (Alternative Videos)  
Boy Talk & Girl Talk Yr6 Video Help! I'm Hairy!  
Loudmouth RSE Drama Workshop  
Science – adaption, microorganisms, evolution - Animals including Humans

Years 1-6: DOT COM – Scheme of work based around RSE issue relating to different year groups and is a gradual build from year to year.