Dear Parents June 2020

## **School Lunchtimes**

The Government currently funds a school lunch (Universal Infant Free School Meals) for every child from 5 – 7 years (Reception, Year One and Year Two children). Your child will be eligible for this.

We pride ourselves on the quality of our school lunches, cooked on site by an excellent team of catering staff, led by Anna, our school cook. Menu options are available on the school website and are updated regularly; I enclose an example for your information. This is a great social time for your children and our lunchtime leaders support and assist them with correct table manners. Their teachers will also join them for the first few weeks of school.

## Packed Lunch

If you would prefer to provide a packed lunch for your child, please see the enclosed packed lunch guidelines, as we are a 'Healthy School'. Your child's lunch should be put into a lunch box, clearly labelled with your child's name and class.

To help us to staff the kitchen from September, and to know approximate numbers, please complete the attached slip to inform us of the option your child is taking.

## Notice of change of meals

Two weeks' notice, prior to a half term, must be given in writing for a child to stop school lunches and move to packed lunches. No notice is necessary to move from packed lunches to school lunches.

## Fruit and Vegetable Scheme

Under the Government's School Fruit and Vegetable Scheme each child aged four to six in maintained schools is entitled to receive a free piece of fruit or vegetable each school day. The initiative behind the scheme is to encourage children to eat more fruit/vegetables and help towards their 5-a-day, with the focus being on reducing obesity and the risk of heart disease, stroke and some cancers. It is hoped that by educating the children about the benefits of healthy eating, they will continue to eat healthily in the future. If you do not wish your child to participate in the scheme please let us know immediately.

It is essential that you inform us of any allergies, religious requirements or dietary needs your child may have so that we can ensure they are not given anything that may harm them.

Yours sincerely

Jayne Luckett (Mrs) Head Teacher

<u>Schoo</u>	l Lunchtimes		
Child's Name			Reception Class
	I would like my child to have a free school lunch		
Please	indicate any food allergies		
	I will provide a packed lunch		
Signed	I	Parent/Guardian	Date