



Coronavirus - Staying Safe



People are talking about Coronavirus because it is a new type of flu



Just like with all other colds or flu it is important to be healthy



Children and adults are very good at fighting the flu



Just like all colds or flus it can be harder for older people to stay healthy from flu



I can stay healthy by



When preparing food



FREQUENTLY WASH HANDS WITH SOAP



After sneezing or blowing my nose



Before eating



After using the bathroom



If they are dirty



I can stay healthy by



Not touching my face, or biting my nails



Trying not to touch outside doors, handles, railings



I can help keep others healthy by



Coughing & sneezing into my elbow



Putting used tissue in the bin



Staying at home if I feel sick



Just like any other cold or flu
Coronavirus will go away in
a couple of months



I do not need to worry about it
but if I am unsure I can talk to my caregivers



Triple A Wicklow
CHY 18175
Fb/TripleAWicklow
tripleawicklow@gmail.com